Hidden Pain. WE HIDE our hurts for many reasons; and in the short term, this instinct might have some positive outcomes. For instance, we might be praying about something painful in order to discern the best next steps. But there is a difference between waiting and hiding.

Hiding our pain can lead to long-term emotional and physical problems. Hiding pain isolates us. It also keeps us from living into the fullness God intended. Jesus says, "I came that they may have life, and have it abundantly" (John 10:10, NRSV).

God does not want our lives to be muted by hidden pain. God wants abundance for us, and the world needs our free and powerful experience and expression of God's love.

– devozine, March-April 2018

From "Hiding Pain" by Steve Matthews, pages 20-21 in devozine, the devotional lifestyle magazine for teens, March-April 2018. Copyright © 2018 by The Upper Room. All rights reserved. Used by permission.

Today's Question: Where do you sense God is offering you abundant life?

Today's Scripture: For by grace you have been saved through faith, and this is not your own doing; it is the gift of God—not the result of works, so that no one may boast.

Ephesians 2:8-9, NRSV

This Week: Pray for persons who are experiencing new beginnings.

Prayer.

Upholding the Council, BLC Pastors & their families in prayer with thanksgiving to the Lord for all that they have been entrusted with.

For BLC Community – for a fresh encounter with the Christ and His love during this Lent season.

For daily wisdom, grace and inspiration to train our children in the way they should go in the Lord (Prov. 22:6). For grace, humility to love and accept people as they are and where they are; for renewed fellowship and healing of relationships that have been strained or painful (2 Cor.5:18-20).

Pray for the elderly in our midst who are facing health challenges, their families and caregivers – for grace, wisdom and strength – Uncle Andrew Chong (Raymond's father); Aunty Pansy (Jason's mom); Judith G's parents and friend – Monica.

Adapted from the 24-7 Malaysia:

Pray for the upcoming elections this year and its preparations. Pray for strong hedge of protection around the nation during this time of national decision.

Pray for the love of righteousness, truth, justice and wisdom to increase in the hearts of the people.

For those who are missing and their families: Pr. Raymond Koh, Pr. Joshua & Ruth Hilmi, and Perlis Hope activist - Amri Che Mat.

Contact Info

Pastor

Administrator

Rev Dr. Sivin Kit + 012 916 0809

Adeline +012 240 2811

Bangsar Lutheran Church No 23, Jalan Abdullah, Bukit Bangsar, 59000 Kuala Lumpur. Facebook.com/bangsarlutheran Twitter.com/bangsarlutheran Front cover acknowledgement: Artist: Cerezo Baredo

Liberating Truth: Realigning Our Stories with God's Stories





Welcome to the Father's House
11 March 2018
Fourth Sunday of Lent



Worship Gathering @ 10.00 am

Do join us on Sundays for prayer @ 9.30 am, before Worship Service @ Refreshment Area.

Children Ministry classes:

Alpha: Ee Lyn Omega: Noree Schedule for Next Sunday, 18-03-2018

Lent 5 Sunday

Preacher: Rev. Wolfgang
Worship: Ben Ong

Musicians: Nelson, Komeil, Jason, Xian Scripture Readers: Anand, Elysia Sound: Jason LCD: Moh Foong

Altar (purple): Vanessa

Ee Lyn +012 4773375

Eric +012 288 3088

H. Communion: Mary & Soo Tim

Worship - Upward

Community

Worship

Community - Inward

Pastoral Oversight: Rev. Dr. Sivin Kit

- > Aardvark: Johnben
- ➤ BLC Garden Day: Vanessa
- New groups.

Pastoral Oversight: Rev. Dr. Siew Woh

- ➤ Women Encouraging Women (WEW): PIC Sheh-Ren
- Sunday Bible Reading Group: PIC Ling Ling
- > Thursday Bible Study: PIC Steven Boo

Pastoral Oversight: Pr. Takeshi

- Giving Tree: PIC Larry Lee
- Youth (13 years and above)
- Youth (12 and below) PIC: Ezekiel

Children Ministry: Carmen Loke

Refreshments: T3-Gim Han, Priscilla

Treasurer: Rubini, Benson Greeters: Renu, MIchelle Lock up: Ben Ong

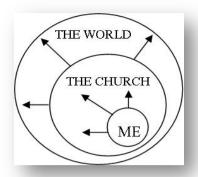
Text This Sunday, March 11, 2018:

Psalm: Psalm 145:10-13 Gospel: John 18:28-40

Readings for next week, March 18, 2018:

Psalm: Psalm 146 Gospel: John 19:1-16a The BLC Missions Collections are supporting the following:

- > Batu 20, OA Congregation
- > United Voice Moh Foong
- > Bible Translation Researchers
- > Alongsiders (http://alongsiders.org)



To *invite* people into the Reign of **God**, *encourage* them to grow in the Body of **Christ**, *equip* them to be sent into the World in the power of the **Spirit**.

"As the Father has sent me I am sending you" John 20:21

Outward - Mission

Forward - Learning

Outreach Rubini +016 2715067

Learning

John +016 3110595

Dear Friends, we will like to invite you (if you are not already involved) to serve with us for BLC's corporate worship. If interested, please speak with the the following in the various areas:

Ee Lyn/Jason – for Musicians & Singers, Sound System & LCD; Ee Lyn/Joyce Rama - for Greeters, Altar Deco, Scripture Readers, Holy Communion Prep;

Joyce/Michelle - for providing refreshments.

Facilities Anand +017 356 1942

Calendar 2018

Attendance 04/3/2018

Adult 73
Children 28
TOTAL 101
Collection 04/3/2018
Mission 745

18 & 25 March, Sundays: Communion Sundays

01 April, Sunday: Easter Celebration

Gen. Off 1237
Tithe Others 1050
TOTAL (RM) 3032

Treasurer
Kock Sheng +016 660 4868

March

April